

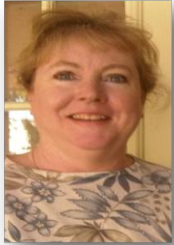


Soropchat

Best for Women

Redding, CA 96099-0695
Charter Date: June 30, 2000

February 2012
Volume 14, Issue 2



Teresa Armstrong, President



Membership Anniversaries:

- 1996 ~ Vivian Piche', Charter Member
- 1997 ~ Alice Gerety, Charter Member
- 2007 ~ Teresa Armstrong

Meetings are held on Monday's at Market Street Steak House commencing at 12:10.

- Feb. 6th ~ Business Meeting
- Feb. 13th ~ Program Meeting
- Feb. 20th ~ No Meeting in observance of President's Day
- Feb. 25th ~ SI Anderson-Cottonwood *All About Women Event*
- Feb. 27th ~ Board Meeting & SOLT
- March 5th ~ Awards Luncheon at Hilton Garden Inn



Club News

May your spirit soar
throughout the vast cathedral
of your being,
May your mind whirl joyful
cartwheels of creativity,
May your heart sing
sweet lullabies of
timelessness.

- Jonathan
Lockwood
Hule



Happy Birthyear !!

7th ~

*Effie Lightsey &
Teresa Armstrong*



*SIDR Charter Member
& Soroptimist Member
since 1991, Cheryle
Pinnell receives her 20
year membership pin*

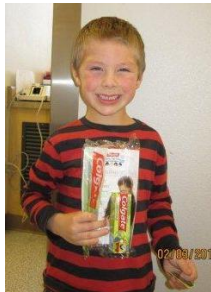
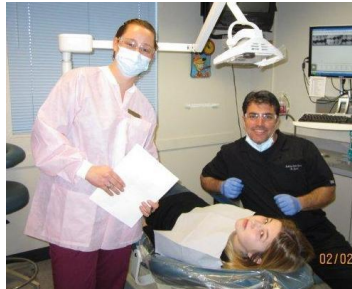
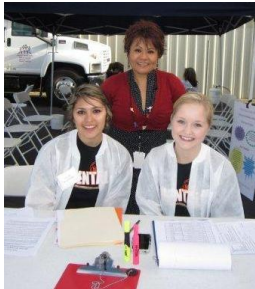


*SIDR Charter Member Jan
Uhalde receives her 10 year
membership pin*

*Soroptimist International of Downtown Redding
P.O. Box 990695*



Lori Goyne of the Service Committee presents a \$1,000 check to Cheryl Russo, Associate Dental Director of Shasta Community Health Center. These funds will be utilized for their "Give Kids a Smile" program.



Awards and Recognition

Women's Opportunity, Violet Richardson & Ruby
Awards presentation

March 5th
Hilton Garden Inn, 5050 Bechelli Lane
Lunch & Ceremony from 12:00 to 1:30 p.m.
(doors open at 11:30)

The cost is \$25.00 per person or \$200.00 for a table of eight
Master of Ceremonies: Mike Mangas, KRCC News Channel 7
Keynote Speaker: Lynn Fritz, Marriage, Family therapy, EMDR,
Speaker and Educator

Flyers will be sent to club members

This event should be attended by all members. It is an excellent opportunity to let your family, friends and co-workers witness firsthand SIDR'S women helping women in our community. Sponsorships are always very much appreciated.

Club contacts are:

Alexis Parsons 246-5735 aparsons@shasahealth.org

Robin Glasco 246-5739 rglasco@shastahealth.org

*Blessed are those who can give without remembering
And take without forgetting.*

Ways and Means



Save this date!
Saturday, May 5th

for our

Cinco de Maio Fiesta
(more info to follow)



All About Women

Our club has reserved a booth for this event sponsored by SI Anderson-Cottonwood. It will be held on Saturday, February 25th from 10 a.m. to 4 p.m. We will have informational leaflets about sex trafficking available.

We are asking for 3 more volunteers each for two hour shifts at the booth. Please contact Jean Sturm (gun1@citlink.net) or 549-3057. Your help would be greatly appreciated!

Soroptimist Pledge

I pledge allegiance to Soroptimism and to the ideals for which it stands.

*The Sincerity of Friendship
The Joy of Achievement
The Dignity of Service
The Integrity of Profession
The Love of Country*

*I will put forth my greatest effort to Promote,
Uphold and Defend these Ideals for a Larger
Fellowship in Home, in Society, in Business
for Country and for God*



Saint Valentine's Day, commonly shortened to Valentine's Day, is an annual commemoration held on February 14 celebrating love and affection between intimate companions. The day is named after one or more early Christian martyrs named Saint Valentine, and was established by Pope Gelasius I in 496 AD. It was deleted from the General Roman Calendar of saints in 1969 by Pope Paul VI. It is traditionally a day on which lovers express their love for each other by presenting flowers, offering confectionery, and sending greeting cards (known as "valentines"). The day first became associated with romantic love in the circle of Geoffrey Chaucer in the High Middle Ages, when the tradition of courtly love flourished.

The verse *Roses are red* echoes conventions traceable as far back as Edmund Spenser's epic *The Faerie Queene* (1590):

*She bath'd with roses red, and violets blue,
And all the sweetest flowers, that in the forest grew.*

The modern cliché Valentine's Day poem can be found in the collection of English nursery rhymes *Gammer Gurton's Garland* (1784):

*The rose is red, the violet's blue
The honey's sweet, and so are you
Thou are my love and I am thine
I drew thee to my Valentine
The lot was cast and then I drew
And Fortune said it should be you*

In 1797, a British publisher issued *The Young Man's Valentine Writer*, which contained scores of suggested sentimental verses for the young lover unable to compose his own. Printers had already begun producing a limited number of cards with verses and sketches, called "mechanical valentines," and a reduction in postal rates in the next century ushered in the less personal but easier practice of mailing Valentines. That, in turn, made it possible for the first time to exchange cards anonymously, which is taken as the reason for the sudden appearance of racy verse in an era otherwise prudishly Victorian.

In the United States, the first mass-produced valentines of embossed paper lace were produced and sold shortly after 1847 by Esther Howland (1828–1904) of Worcester, Massachusetts.

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*Esther Howland Valentine, circa 1850:
"Weddings now are all the go, will you
marry me or no"?*



*A grommet affixed to the center of the card
permits the dog's eyes to glance side-to-side
when the blue bow is moved*



*Whitney Valentine, 1887; Howland sold
her New England Valentine Company to
the George C. Whitney Company in 1881*



Children's Valentine, 1940-1950



Valentine's Day postcard, circa 1910



*Anthropomorphic Valentine,
circa 1950-1960*



The U.S. Greeting Card Association estimates that approximately 190 million valentines are sent each year in the US. Half of those valentines are given to family members other than husband or wife, usually to children. When you include the valentine-exchange cards made in school activities the figure goes up to 1 billion, and teachers become the people receiving the most valentines. In some North American elementary schools, children decorate classrooms, exchange cards, and are given sweets. The greeting cards of these students sometimes mention what they appreciate about each other.

The rise of Internet popularity at the turn of the millennium is creating new traditions. Millions of people use, every year, digital means of creating and sending Valentine's Day greeting messages such as e-cards, love coupons or printable greeting cards. An estimated 15 million e-valentines were sent in 2010.



*Football-playing Disney-like rat and
bulldog are set in motion by the pull-
tab on the right, circa 1920*



*Rocking horse and rider,
circa 1920-1930*



A "real" cowboy has no fear!!



*Rear Admiral Grace Murray Hopper
(December 9, 1906 - January 1, 1992)
was an American computer scientist
and United States Navy officer. A
pioneer in the field, she was one of
the first programmers of the Harvard
Mark I computer, and developed the
first compiler for a computer*

programming language. She conceptualized the idea of machine-independent programming languages, which led to the development of COBOL, one of the first modern programming languages. She is credited with popularizing the term "debugging" for fixing computer glitches (motivated by an actual moth removed from the computer). Because of the breadth of her accomplishments and her naval rank, she is sometimes referred to as "Amazing Grace." The U.S. Navy destroyer USS *Hopper* (DDG-70) was named for her, as was the Cray XE6 "Hopper" supercomputer at NERSC.

Hopper was born *Grace Brewster Murray* in New York City. She was the oldest in a family of 3 children. She was curious as a child, a life-long trait. At the age of seven she decided to determine how an alarm clock worked. She dismantled seven alarm clocks before her mother realized what she was doing; she was then limited to one clock. For her preparatory school education, she attended the Hartridge School in Plainfield, New Jersey. Rejected for early admission to Vassar College at age 16 (her test scores in Latin were too low), she was admitted the following year. She graduated Phi Beta Kappa from Vassar in 1928 with a bachelor's degree in mathematics and physics and earned her Master's degree at Yale University in 1930.

In 1934, she earned a Ph.D. in mathematics from Yale under the direction of Øystein Ore. Her dissertation, *New Types of Irreducibility Criteria*, was published that same year. Hopper began teaching mathematics at Vassar in 1931, and was promoted to associate professor in 1941.

She was married to New York University professor Vincent Foster Hopper (1906–1976) from 1930 until their divorce in 1945. She never remarried, and she kept his surname.

World War II Naval service ~ In 1943, Hopper obtained a leave of absence from Vassar and was sworn in to the United States Navy Reserve, one of many women to volunteer to serve in the WAVES. She had to get an exemption to enlist; she was 15 pounds (6.8 kg) below the Navy minimum weight of 120 pounds (54 kg). She reported in December and trained at the Naval Reserve Midshipmen's School at Smith College in Northampton, Massachusetts. Hopper graduated first in her class in 1944, and was assigned to the Bureau of Ships Computation Project at Harvard University as a Lieutenant, junior grade. She served on the Mark I computer programming staff headed by Howard H. Aiken. Hopper and Aiken coauthored three papers on the Mark I,II,II also known as the Automatic Sequence Controlled Calculator. Hopper's request to transfer to the regular Navy at the end of the war was declined due to her age (38). She continued to serve in the United States Navy Reserve. Hopper remained at the Harvard Computation Lab until 1949, turning down a full professorship at Vassar in favor of working as a research fellow under a Navy contract at Harvard.

UNIVAC ~ In 1949, Hopper became an employee of the Eckert-Mauchly Computer Corporation as a senior mathematician and joined the team developing the UNIVAC I. In the early 1950s the company was taken over by the Remington Rand corporation and it was while she was working for them that her original compiler work was done. The compiler was known as the A compiler and

its first version was A-0.

In 1952 she had an operational compiler. "Nobody believed that," she said. "I had a running compiler and nobody would touch it. They told me computers could only do arithmetic."

In 1954 Hopper was named the company's first director of automatic programming, and her department released some of the first compiler-based programming languages, including ARITH-MATIC, MATH-MATIC and FLOW-MATIC.

COBOL ~ In the spring of 1959 a two day conference known as the CODASYL brought together computer experts from industry and government. Hopper served as the technical consultant to the committee, and many of her former employees served on the short-term committee that defined the new language, COBOL. The new language extended Hopper's FLOW-MATIC language with some ideas from the IBM equivalent, the COMTRAN. Hopper's belief that programs should be written in a language that was close to English rather than in machine code or languages close to machine code (such as assembly language) was captured in the new business language, and COBOL would go on to be the most ubiquitous business language to date.

From 1967 to 1977, Hopper served as the director of the Navy Programming Languages Group in the Navy's Office of Information Systems Planning and was promoted to the rank of Captain in 1973. She developed validation software for the programming language COBOL and its compiler as part of a COBOL standardization program for the entire Navy.

Standards ~ In the 1970s, she pioneered the implementation of standards for testing computer systems and components, most significantly for early programming languages such as FORTRAN and COBOL. The Navy tests for conformance to these standards led to significant convergence among the programming language dialects of the major computer vendors. In the 1980s, these tests (and their official administration) were assumed by the National Bureau of Standards (NBS), known today as the National Institute of Standards and Technology (NIST).

Retirement ~ Hopper retired from the Naval Reserve with the rank of Commander at the end of 1966. She was recalled to active duty in August 1967 for a six-month period that turned into an indefinite assignment. She again retired in 1971 but was asked to return to active duty again in 1972. She was promoted to Captain in 1973 by Admiral Elmo R. Zumwalt, Jr.

After Rep. Philip Crane saw her on a March 1983 segment of 60 Minutes, he championed H.J.Res. 341, a joint resolution in the House of Representatives which led to her promotion to Commodore by special Presidential appointment. In 1985, the rank of Commodore was renamed Rear Admiral, Lower Half. She retired (involuntarily) from the Navy on August 14, 1986. *At a celebration held in Boston on the USS Constitution to celebrate her retirement, Hopper was awarded the Defense Distinguished Service Medal, the highest non-combat award possible by the Department of Defense. At the moment of her retirement, she was the oldest commissioned officer in the United States Navy (79 years, eight months and five days), and aboard the*

oldest commissioned ship in the United States Navy (188 years, nine months and 23 days).

She was then hired as a senior consultant to Digital Equipment Corporation, a position she retained until her death in 1992, aged 85.

Her primary activity in this capacity was as a Goodwill Ambassador, lecturing widely on the early days of computers, her career, and on efforts that computer vendors could take to make life easier for their users. She visited a large fraction of Digital's engineering facilities where she generally received a standing ovation at the conclusion of her remarks. Although she was an interesting and competent speaker, the most memorable part of these talks was her illustration of a nanosecond. She salvaged an obsolete Bell System 25 pair telephone cable, cut it to 11.8 inch (30 cm) lengths (which is the distance that light travels in one nanosecond) and handed out the individual wires to her listeners. Although no longer a serving officer, she always wore her Navy full dress uniform to these lectures.

She was laid to rest with full military honors in Arlington National Cemetery; Section 59, grave 973.

Honors ~

- 1969 – She won the inaugural "computer sciences man of the year" award from the Data Processing Management Association.
- 1971 – The annual Grace Murray Hopper Award for Outstanding Young Computer Professionals was established in 1971 by the Association for Computing Machinery.
- 1973 – She became the first person from the United States and the first woman of any nationality to be made a Distinguished Fellow of the British Computer Society.
- 1986 – Upon her retirement she received the Defense Distinguished Service Medal.
- 1987 – She became a Computer History Museum Fellow Award Recipient.
- 1988 – She received the Golden Gavel Award at the Toastmasters International convention in Washington, DC.
- 1991 – She received the National Medal of Technology.
- 1996 – USS *Hopper* (DDG-70) was launched. Nicknamed *Amazing Grace*, it is on a very short list of U.S. military vessels named after women.
- 2001 – Eavan Boland wrote a poem dedicated to Grace Hopper titled "Code" in her 2001 release "Against Love Poetry"
- 2009 – The Department of Energy's National Energy Research Scientific Computing Center named its flagship system "Hopper".

The Fleet Numerical Meteorology and Oceanography Center is located at 7 Grace Hopper Avenue in Monterey, California.

Grace Murray Hopper Park, located on South Joyce Street in Arlington, Virginia, is a small memorial park in front of her former residence (River House Apartments) and is now owned by Arlington County, Virginia.

Women at the world's largest software company,

Microsoft Corporation, formed an employee group called Hoppers and established a scholarship in her honor. Hoppers has over 3000 members worldwide.

Brewster Academy, a school located in Wolfeboro, New Hampshire, United States, dedicated their computer lab to her in 1985, calling it the *Grace Murray Hopper Center for Computer Learning*. Hopper had spent her childhood summers at a family home in Wolfeboro.

An administration building on Naval Support Activity Annapolis (Previously known as Naval Station Annapolis) in Annapolis, Maryland is named the Grace Hopper Building in her honor.

Building 1482 aboard Naval Air Station North Island, housing the Naval Computer and Telecommunication Station San Diego, is named the *Grace Hopper Building*.

Building 6007, C2/CNT West, Command, control, communications, computers, intelligence, surveillance and reconnaissance, or C4ISR, Center of Excellence in Aberdeen Proving Ground, Maryland is named the *Rear Admiral Grace Hopper Building*

Grace Hopper's legacy was an inspiring factor in the creation of the Grace Hopper Celebration of Women in Computing. Held yearly, this conference is designed to bring the research and career interests of women in computing to the forefront. <http://www.gracehopper.org/>

Anecdotes !



Photo of "first computer bug"

Throughout much of her later career, Grace Hopper was much in demand as a speaker at various computer-related events. She was well known for her lively and irreverent

speaking style, as well as a rich treasury of early war stories. She also received the nickname "Grandma COBOL".

- While she was working on a Mark II Computer at Harvard University in 1947, her associates discovered a moth stuck in a relay and thereby impeding operation, whereupon she remarked that they were "debugging" the system. Though the term *computer bug* cannot be definitively attributed to Admiral Hopper, she did bring the term into popularity. The remains of the moth can be found in the group's log book at the Smithsonian Institution's National Museum of American History in Washington, D.C.
- Grace Hopper is famous for her *nanoseconds* visual aid. People (such as generals and admirals) used to ask her why satellite communication took so long. She started handing out pieces of wire which were just under one foot long, which is the distance that light travels in one nanosecond. She gave these pieces of wire the metonym "nanoseconds." She was careful to tell her audience that the length of her nanoseconds was actually the maximum speed the signals would travel in a vacuum, and that signals would travel more slowly through the actual wires that were her teaching aids. Later she used the same pieces of wire to illustrate why computers had to be small to be fast. At many of her talks and visits, she handed out "nanoseconds" to everyone in the audience, contrasting them with a coil of wire nearly a

thousand feet long, representing a microsecond. Later, while giving these lectures while working for DEC, she passed out packets of pepper which she called picoseconds.

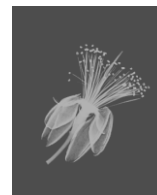
In a treatise on the leadership style of Steve Jobs, Jay Elliot described Grace Hopper as appearing to be "all Navy" but when you reach inside, you find a "pirate" dying to be released.

Notable quotation ~ "It's easier to ask for forgiveness than it is to get permission" (EAFP) is often attributed to Grace Hopper.

The next day she woke up, looked in the mirror and noticed that there wasn't a single hair on her head.

'YAY!' she exclaimed. 'I don't have to fix my hair today!'

Attitude is everything.



There once was a woman who woke up one morning, looked in the mirror, and noticed she had only three hairs on her head.

'Well,' she said, 'I think I'll braid my hair today.'

So she did and she had a wonderful day.

The next day she woke up, looked in the mirror and saw that she had only two hairs on her head.

'H-M-M,' she said, 'I think I'll part my hair down the middle today.'

So she did and she had a grand day.

The next day she woke up, looked in the mirror and noticed that she had only one hair on her head.

'Well,' she said, 'today I'm going to wear my hair in a pony tail.'

So she did, and she had a fun, fun day.

I have been in many places, but I've never been in Cahoots. Apparently, you can't go alone. You have to be in Cahoots with someone.

I've also never been in Cognito. I hear no one recognizes you there.

I have, however, been in Sane. They don't have an airport; you have to be driven there. I have made several trips there, thanks to my friends, family and work

I would like to go to Conclusions, but you have to jump, and I'm not too much on physical activity anymore.

I have also been in Doubt. That is a sad place to go, and I try not to visit there too often.

I've been in Flexible, but only when it was very important to stand firm.

Sometimes I'm in Capable, and I go there more often as I'm getting older.

One of my favorite places to be is in Suspense! It really gets the adrenalin flowing and pumps up the old heart! At



my age I need all the stimuli I can get!

And, sometimes I think I am in Vincible but life shows me I am not!



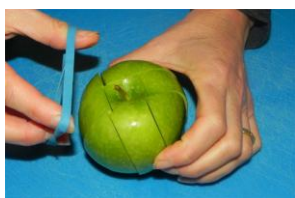
Hull strawberries easily using a straw



Rubbing a walnut over scratches in your furniture will disguise dings and scrapes.



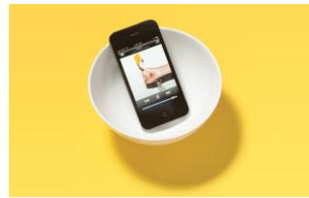
Remove crayon masterpieces from your TV or computer screen with WD40.



Stop cut apples browning in your child's lunch box by securing with a rubber band.



Overhaul your linen cupboard, store bed linen sets inside one of their own pillowcases and there will be no more hunting through piles for a match.



Pump up the volume by placing your iPhone & iPod in a bowl. The concave shape amplifies the music.



Re-use a wet-wipes container to store plastic bags.



Add this item to your beach bag. Baby powder gets sand off your skin easily, who knew?!



Attach a Velcro strip to the wall to store soft toys.



Use wire to make a space to store gift wrap rolls against the ceiling, rather than cluttering up the floor.



Find tiny lost items like earrings by putting a stocking over the vacuum hose.



Make an instant cupcake carrier by cutting crosses into a box lid.



Bread tags make the perfect cord labels.



Microwave your own popcorn in a plain brown paper bag. Much healthier and cheaper than the packet stuff.



For those who can't stand the scrunching and bunching: how to perfectly fold a fitted sheet.



Install a tension rod to hang your spray bottles.



Forever losing your bathroom essentials? Use magnetic strips to store bobby pins, tweezers and clippers, behind a vanity door



Turn your muffin pan upside down, bake cookie-dough over the top and voila, you have cookie bowls for fruit or ice-cream.



Store shoes inside shower caps to stop dirty soles rubbing on your clothes. And you can find them in just about every hotel.



Freeze Aloe Vera in ice-cube trays for soothing sunburn relief.



A muffin pan becomes a craft caddy. Magnets hold the plastic cups down to make them tip-resistant.



Create a window-box veggie patch using guttering.



Bake cupcakes directly in ice-cream cones, so much more fun and easier for kids to eat.



Use egg cartons to separate and store your Christmas decorations.



To help save the economy, the Government will announce next month that the Immigration Department will start deporting seniors (instead of illegals) in order to lower Social Security and Medicare costs. Older people are easier to catch and will not remember how to get back home. I started to cry when I thought of you. Then it dawned on me ... oh, crap ... I'll see you on the bus!

Words of Wisdom

Growing old is not upsetting; being *perceived* as old is.

Childhood is when you make funny faces in the mirror. Middle age is when the mirror gets even.

To me, old age is always 15 years older than I am.

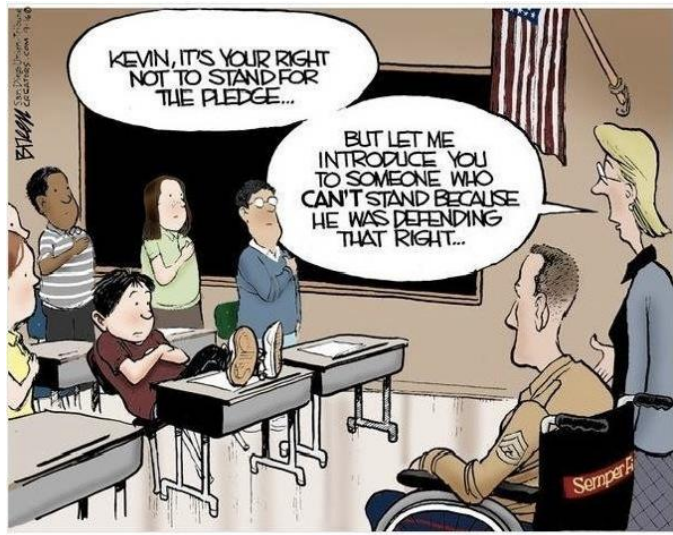
Age stiffens the joints but softens the heart.

Only when your heart is covered with the snows of pessimism and ice of cynicism do you grow old.

How old would you be if you didn't know how old you are?

Age doesn't always bring wisdom. Sometimes it comes alone.

For the unlearned, old age is winter; for the learned it is the season of harvest.



REMEMBER, ALL YEAR 'ROUND

Viki Cubbage, Editor